

Apparel Sizing Guide

As the jersey and bib shorts are currently based on a mens cut **ladies** are advised to select one size down from measurements taken. For example if you measure L then it is recommended you select M.

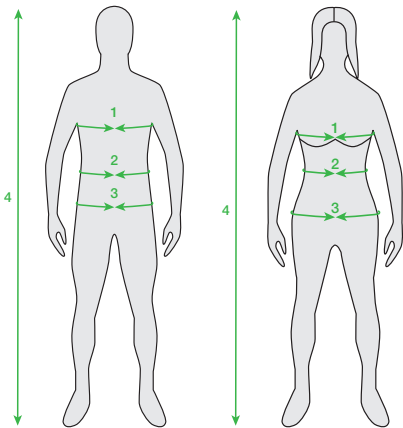
Taking measurements

CHEST Take measurement up under the arms and around chest*

WAIST Measure circumference at the narrowest part*

HIP Measure circumference at widest area*

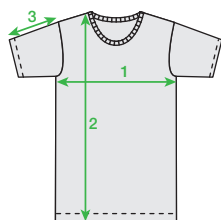
*Allow for two fingers to fit between tape measure and body



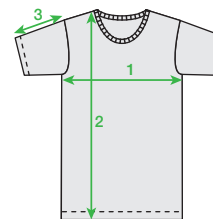
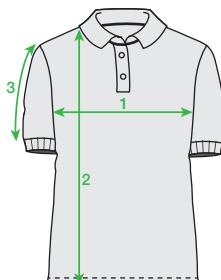
JERSEY / BIB SHORTS GARMENT MEASUREMENTS IN CM (APPROX.)									
	XS	S	M	L	XL	2XL	3XL	4XL	5XL
1 CHEST	< 92	92 - 96	96 - 100	100 - 104	104 - 108	108 - 112	112 - 116	116 - 120	120 - 124
2 WAIST	< 78	78 - 82	82 - 86	86 - 90	90 - 94	94 - 98	98 - 102	102 - 106	106 - 110
3 HIP	< 90	90 - 94	94 - 98	98 - 102	102 - 106	106 - 110	110 - 114	114 - 118	118 - 122
4 HEIGHT	< 172	172 - 176	175 - 179	178 - 182	181 - 185	184 - 188	187 - 191	190 - 194	193 - 197

MENS EUROPEAN STYLE BODY MEASUREMENTS IN CM (To suit fitted European style)						
	XS	S	M	L	XL	2XL
1 CHEST	<93	94-98	99-103	104-108	109-113	114+

MENS T-SHIRT GARMENT MEASUREMENTS IN CM (APPROX.)						
	XS	S	M	L	XL	2XL
1 CHEST WIDTH	42	45	50	52	55	58
2 BODY LENGTH	70.0	72.0	74.0	76.0	78.0	80.0
3 SLEEVE LENGTH	16.2	16.8	17.4	18.0	18.6	19.2

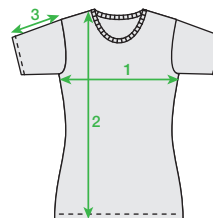


MENS POLO GARMENT MEASUREMENTS IN CM (APPROX.)						
	XS	S	M	L	XL	2XL
1 CHEST WIDTH	47.8	50.2	52.6	55.0	57.4	59.8
2 BODY LENGTH	68.0	70.0	72.0	74.0	76.0	78.0
3 SLEEVE LENGTH	19.2	19.8	20.4	21.0	21.6	22.2

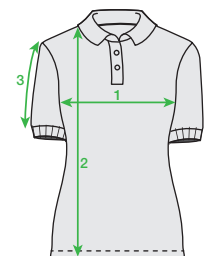


UNISEX T-SHIRT** GARMENT MEASUREMENTS IN CM (APPROX.)						
	XS	S	M	L	XL	2XL
1 CHEST WIDTH	44	47	49	51	53	56
2 BODY LENGTH	68	70	72	74	78.0	80.0
3 SLEEVE LENGTH	16.2	16.4	16.8	17.2	17.8	18.5

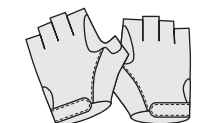
**Please note this unisex t-shirt refers to the green t-shirt included in various membership packages.



LADIES T-SHIRT GARMENT MEASUREMENTS IN CM (APPROX.)				
	XS	S	M	L
1 CHEST WIDTH	44.0	46.0	49.0	51.0
2 BODY LENGTH	64.0	64.0	65.0	66.0
3 SLEEVE LENGTH	14.5	15.0	15.5	16.0



LADIES POLO GARMENT MEASUREMENTS IN CM (APPROX.)				
	XS	S	M	L
1 CHEST WIDTH	43.1	45.5	47.9	50.3
2 BODY LENGTH	62.0	64.0	66.0	68.0
3 SLEEVE LENGTH	13.4	14.0	14.6	15.2



GLOVES MEASUREMENTS IN CM (APPROX.)							
	XS	S	M	L	XL	2XL	3XL
	16.50	17.80	19.10	20.30	21.60	22.90	22.90+

Note: Sizing chart is a guide only